

LUTRONIC GENIUS RADIOFREQUENCY MICRONEEDLING

PRE-TREATMENT PATIENT INSTRUCTIONS

- If you have a history of cold sores, we recommend oral anti-viral prophylaxis, as recommended by your doctor, on the night before and on the day of treatment.
- On the day of treatment, please thoroughly wash your face and do not apply any make-up, lotions, sunscreen or any other cosmetics to the skin of the treatment area prior to arriving at our facility.
- Please thoroughly clean the treatment area upon arrival.
- We will apply a topical anesthetic an hour prior to your treatment. For a small percentage of patients, we may apply a nerve block procedure to improve treatment comfort for sensitive areas on the upper lip, around the mouth or around eyes.
- We will completely remove the anesthetic and wipe clean with alcohol wipe and sanitize the treatment area with an antiseptic scrub such as Hibiclens before your treatment.

POST-TREATMENT PATIENT INSTRUCTIONS

- Immediately post treatment, we will apply an ice pack to calm the skin down, if needed.
- We may recommend applying a non-comedogenic topical antibiotic for 1 day post-treatment for individuals prone to acne breakout.
- We may apply a healing enhancing serum and moisturizer post treatment.
- You may experience mild crusting 1-5 days following treatment. Crusts will disappear naturally in several days. Please do not pick at the crusts. Soaking your skin in the shower for 10-15 minutes and rubbing very gently with a soft washcloth can help with sloughing.
- Please avoid harsh topical products containing any exfoliants, AHA/BHA, glycolic acid, lactic acid, retinoids or alcohol-based toners for two weeks. Otherwise, after 24 hours, you may resume your normal skin care regimen or as directed by your physician.
- Please avoid vigorous activity, excessive heat, or sun exposure for at least 1 week.
- Please avoid sun exposure for the first day and beginning on the second day, apply a non comedogenic, broad spectrum UVA/UVB sunblock with SPF of at least 30, daily. Until the skin returns to normal, when outdoors, always use an umbrella, hat or other available protection against sunlight.
- Please wait a minimum of 3 weeks for your next treatment. Usually 4-6 weeks is typical between treatments.
- Most patients achieve best results with 2-4 treatments.

EXPECTED SKIN REACTIONS AND RESULTS

- 1 day Post-Treatment: Redness and transient edema, skin begins to turn to a condition similar to before treatment.
- 3 days - 1 week Post-Treatment: Brighter skin tone and significant reduction in sebum secretion in oily skin types.
- 1 month Post-Treatment: Improvement of fine wrinkles and skin laxity.
- 1-3 months Post-Treatment: Continuous improvement of fine wrinkles, pore size, scars and skin laxity.
- Common expected skin reactions include erythema (redness), edema (swelling), transient pin-point bleeding, and very slight discomfort after treatment. Pin-point bleeding should stop within minutes after application, discomfort within a few hours and erythema and edema gradually diminish and return to normal in 1 to 3 days.
- Crusting begins to appear 1 – 2 days after treatment and sloughs off in 3 – 5 days.
- Other less common skin reactions include petechiae (transient pin-point bleeding) which fade in a few days or bruising (purpura) which can take up to a week to disappear.
- Other skin reactions include irritation, itching, and burning sensation. These reactions typically subside in a few hours to 1 day, but may get aggravated with heat or sweating. If these reactions continue, we may consider evaluating you for possible infection, changing your skin care regimen and/or prescribe a short-term use of a mild topical steroid cream.
- Please contact your doctor with any questions or concerns.

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